

Exercitium Viae Crucis de Sancto  
Alphonso Maria de Liguorio  
An Exercise in the Way of the Cross  
by St. Alphonsus Maria Liguori

Michael Martin

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Ash Wednesday

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O sepulte Iesu, exoscolor hunc, qui te recondit, lapidem; sed post triduum ex sepulcro resurges. Per tuam resurrectionem fac me, precor, extremo die gloriosum tecum resurgere, et venire in caelum, ubi tecum semper coniunctus, te laudabo et in aeternum amabo. Amo te, et doleo quod tibi displicui: ne sinas me iterum tibi displicere. Da mihi perpetuum amorem tui, et dein fac de me quidquid tibi placuerit.

Pater, Ave, Gloria.

Tu, caritatis victima,  
Petis, Redemptor, Golgotham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

AH, my buried Jesus, I kiss the stone that encloses Thee. But Thou didst rise again the third day. I beseech Thee by Thy resurrection, make me rise glorious with Thee at the last day, to be always united with Thee in Heaven, to praise Thee and love Thee forever. I love Thee, and I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

Dear Jesus, Thou dost go to die  
For very love of me;  
Ah, let me bear Thee company,  
I wish to die with Thee.

**Exercitium Viae Crucis de Sancto Alphonso Maria  
de Ligorio**

**An Exercise in the Way of the Cross by St.  
Alphonsus Maria Liguori**

*Composed by St. Alphonsus Liguori in 1787, this is a very popular form of the Stations of the Cross. In addition to the text below, a verse of the Stabat Mater Dolorosa is often sung or recited when moving from one station to the next. A plenary indulgence is attached for the faithful who make a devout exercise of a set of Stations of the Cross which have been lawfully erected. (#63 of the Enchiridion of Indulgences)*

**D**OMINE Iesu Christe, tu tam amanter hanc viam ingressus es, ut mortem pro me obires; ego vero multoties eo deveni, ut te contemnerem. Nunc autem ex tota anima mea amo te, et quia te amo, paenitet me ex intimo corde quod tibi displicui. Ignosce mihi, et patere ut in hac via me tibi comitem adiungam. Tu, amore mei ductus, pergis ad locum ubi pro me moriturus es, et ego vicissim, tui amore ductus, desidero te comitari, ut una tecum, amantissime Redemptor, moriar. O mi Iesu, volo coniunctim tecum et vivere et mori.

**Statio I  
Iesus condemnatur ad  
mortem**

**M**Y Lord Jesus Christ, Thou hast made this journey to die for me with love unutterable, and I have so many times unworthily abandoned Thee; but now I love Thee with my whole heart, and because I love Thee I repent sincerely for having ever offended Thee. Pardon me, my God, and permit me to accompany Thee on this journey. Thou goest to die for love of me; I wish also, my beloved Redeemer, to die for love of Thee. My Jesus, I will live and die always united to Thee.

**First Station  
Jesus Is Condemned to  
Death**

V. Adoramus te, Christe, et  
benedicimus tibi.

R. Quia per sanctam crucem  
tuam redemisti mundum.

*Considera quomodo Iesus Chri-  
stus, iam flagellatus et spinis  
coronatus, iniuste tandem a  
Pilato ad mortem crucis con-  
demnetur.*

O adorande Iesu, non Pi-  
latus, sed iniqua mea vita  
te ad mortem condemnavit.  
Per meritum laboriosissimi  
huius itineris, quod ad Cal-  
variae montem instituis, pre-  
cor te, ut me semper in via,  
qua anima mea in aeternita-  
tem tendit, benigne comite-  
ris. Amo te, o Iesu, mi Amor,  
magis quam meipsum, et  
ex intimo corde paenitet me  
quod tibi displicui. Ne si-  
nas me iterum a te separari.  
Da mihi perpetuum amorem  
tui, et dein fac de me quid-  
quid tibi placuerit. Quod tibi  
placitum est, hoc idem mihi  
est acceptum.

Pater, Ave, Gloria.

V. We adore Thee, O Christ,  
and we praise Thee.

R. Because by Thy holy  
Cross Thou hast redeemed  
the world.

*Consider how Jesus, after hav-  
ing been scourged and crowned  
with thorns, was unjustly con-  
demned by Pilate to die on the  
Cross.*

MY adorable Jesus, it was  
not Pilate; no, it was my  
sins that condemned Thee  
to die. I beseech Thee, by  
the merits of this sorrowful  
journey to assist my soul in  
its journey toward eternity.  
I love Thee, my beloved Je-  
sus; I love Thee more than  
myself; I repent with my  
whole heart of having of-  
fended Thee. Never permit  
me to separate myself from  
Thee again. Grant that I may  
love Thee always, and then  
do with me what Thou wilt.

Our Father, Hail Mary, Glory  
Be.

me quod tibi displicui: ne si-  
nas me iterum tibi displicere.  
Da mihi perpetuum amorem  
tui, et dein fac de me quid-  
quid tibi placuerit.

Pater, Ave, Gloria.

Tu, caritatis victima,  
Petis, Redemptor, Golgo-  
tham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio XIV  
Iesus sepulcro conditur**

V. Adoramus te, Christe, et  
benedicimus tibi.

R. Quia per sanctam crucem  
tuam redemisti mundum.

*Considera quomodo discipuli  
exanimem Redemptorem ad lo-  
cum sepulturae deferant. Moe-  
rens Mater eos comitatur, et  
propriis manibus corpus Filii  
sepulturae accommodat. Se-  
pulchrum dein occluditur, et  
omnes a loco recedunt.*

Thee. Never permit me to  
offend Thee again. Grant  
that I may love Thee always,  
and then do with me what  
Thou wilt.

Our Father, Hail Mary, Glory  
Be.

Dear Jesus, Thou dost go to  
die  
For very love of me;  
Ah, let me bear Thee com-  
pany,  
I to die with Thee.

**Fourteenth Station  
Jesus Is Placed in the  
Sepulcher**

V. We adore Thee, O Christ,  
and we praise Thee.

R. Because by Thy holy  
Cross Thou hast redeemed  
the world.

*Consider how the disciples car-  
ried the body of Jesus to bury  
it, accompanied by His holy  
Mother who arranged it in the  
sepulcher with her own hands.  
They then closed the tomb, and  
all withdrew.*

Petis, Redemptor, Golgo-  
tham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio XIII**  
**Jesus deponitur de cruce**

**V.** Adoramus te, Christe, et  
benedicimus tibi.  
**R.** Quia per sanctam crucem  
tuam redemisti mundum.

*Considera quomodo duo ex Iesu  
discipulis, Iosephus nempe et  
Nicodemus, eum exanimatum  
de cruce tollant et inter brachia  
perdolentis Matris reponant,  
quae mortuum Filium pera-  
manter recipit et arcte complec-  
titur.*

O moerens Mater, per amo-  
rem quo Filium tuum amas,  
accipe me in servum tuum  
et precare eum pro me. Tu  
vero, o mi Redemptor, quo-  
niam pro me mortuus es,  
fac benigne ut amem te; te  
enim solum volo, nec extra  
te aliud quidpiam mihi opto.  
Amo te, o mi Iesu, paenitet

die  
For very love of me;  
Ah, let me bear Thee com-  
pany,  
I to die with Thee.

**Thirteenth Station**  
**Jesus is Taken Down**  
**from the Cross**

**V.** We adore Thee, O Christ,  
and we praise Thee.  
**R.** Because by Thy holy  
Cross Thou hast redeemed  
the world.

*Consider how, after the death of  
our Lord, two of His disciples,  
Joseph and Nicodemus, took  
Him down from the Cross, and  
placed Him in the arms of His  
afflicted Mother, who received  
Him with unutterable tender-  
ness, and pressed Him to her  
bosom.*

O Mother of Sorrows, for  
the love of this Son, accept  
me for thy servant, and pray  
to Him for me. And Thou,  
my Redeemer, since Thou  
hast died for me, permit me  
to love Thee; for I wish but  
Thee and nothing more. I  
love Thee, my Jesus, and I  
repent of having offended

Tu, caritatis victima,  
Petis, Redemptor, Golgo-  
tham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio II**  
**Jesus oneratur ligno**  
**crucis**

**V.** Adoramus te, Christe, et  
benedicimus tibi.  
**R.** Quia per sanctam crucem  
tuam redemisti mundum.

*Considera quomodo Iesus Chri-  
stus, portans humeris crucem,  
fuerit inter eundum, memor  
tui, offerendo pro te aeterno Pa-  
tri mortem, quam erat obiturus.*

AMABILISSIME Iesu, am-  
plector omnes res adversas,  
quas mihi usque ad obitum  
tolerandas praefixisti, et, per  
durum illum, quem in por-  
tanda tua cruce pertulisti,  
laborem, precor te, ut vires  
mihi subministres, quibus  
ego quoque crucem meam,  
aequo ac patienti animo,  
portare valeam. Amo te, o  
Iesu, mi Amor, paenitet me

Dear Jesus, Thou dost go to  
die  
For very love of me;  
Ah, let me bear Thee com-  
pany,  
I wish to die with Thee.

**Second Station**  
**Jesus Is Made to Carry**  
**His Cross**

**V.** We adore Thee, O Christ,  
and we praise Thee.  
**R.** Because by Thy holy  
Cross Thou hast redeemed  
the world.

*Consider how Jesus, in making  
this journey with the Cross on  
His shoulders, thought of us,  
and offered for us to His Father  
the death He was about to un-  
dergo.*

MY most beloved Jesus, I  
embrace all the tribulations  
Thou hast destined for me  
until death. I beseech Thee,  
by the merits of the pain  
Thou did suffer in carry-  
ing Thy Cross, to give me  
the necessary help to carry  
mine with perfect patience  
and resignation. I love Thee,  
Jesus my love; I love Thee  
more than myself; I repent

quod tibi displicui. Ne sinas me iterum separari a te. Da mihi perpetuum amorem tui, et dein fac de me quidquid tibi placuerit.

Pater, Ave, Gloria.

Tu, caritatis victima,  
Petis, Redemptor, Golgotham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio III**  
**Jesus procumbit primum**  
**sub onere crucis**

**V.** Adoramus te, Christe, et benedicimus tibi.

**R.** Quia per sanctam crucem tuam redemisti mundum.

*Considera primum hunc Iesu Christi sub cruce lapsum. Habebat carnem ex saeva flagellatione multifarie sauciam, caput redimitum spinarum corona: profuderat insuper cruorem in tanta copia, ut vix pedem prae virium defectione, movere posset. Et quoniam gravi crucis*

of having offended Thee. Never permit me to separate myself from Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

Dear Jesus, Thou dost go to die  
For very love of me;  
Ah, let me bear Thee company,  
I wish to die with Thee.

**Third Station**  
**Jesus Falls the First Time**

**V.** We adore Thee, O Christ, and we praise Thee.

**R.** Because by Thy holy Cross Thou hast redeemed the world.

*Consider this first fall of Jesus under His Cross. His flesh was torn by the scourges, His head crowned with thorns, and He had lost a great quantity of blood. He was so weakened that He could scarcely walk, and yet He had to carry this great load upon His shoulders. The*

the world.

*Considera tuum cruci suffixum Iesum, qui post trium horarum cum morte luctam, doloribus tandem consumptus addicit corpus morti, et inclinato capite emittit spiritum.*

O mortue Iesu, exosculator, pietatis sensu intime commotus, hanc crucem in qua tu, mei causa, vitae tuae finem implevisti. Ob commissa peccata infelicem mihi mortem promerui; sed mors tua est spes mea. Per mortis tuae merita, concede mihi precor, ut in amplexu pedum tuorum extremum spiritum, tui amore flagrans, aliquando reddam. In manus tuas commendo spiritum meum. Amo te ex toto corde meo; paenitet me quod tibi displicui: ne sinas me iterum tibi displicere. Da mihi perpetuum amorem tui, et dein fac de me quidquid tibi placuerit.

Pater, Ave, Gloria.

Tu, caritatis victima,

*Consider how thy Jesus, after three hours of agony on the Cross, consumed at length with anguish, abandons Himself to the weight of His Body, bows His Head, and dies.*

O my dying Jesus, I kiss devoutly the Cross on which Thou did die for love of me. I have merited by my sins to die a miserable death, but Thy death is my hope, Ah, by the merits of Thy death, give me grace to die embracing Thy feet, and burning with love for Thee, I yield my soul into Thy hands. I love Thee with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

Dear Jesus, Thou dost go to

*crucem, et infami patibulo suffixum saevae morti permittunt.*

O contemptissime Iesu, affige pedibus tuis cor meum, ut amoris vinculo ligatum semper tecum remaneat, necque amplius a te avelatur. Amo te magis quam meipsum; paenitet me quod tibi displicui: ne permittas me iterum tibi displicere. Da mihi perpetuum amorem tui, et dein fac de me quidquid tibi placuerit.

Pater, Ave, Gloria.

Tu, caritatis victima,  
Petis, Redemptor, Golgotham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio XII**  
**Iesus moritur in cruce**

V. Adoramus te, Christe, et benedicimus tibi.

R. Quia per sanctam crucem tuam redemisti mundum.

*nails, and then, raising the Cross, leave Him to die with anguish on this infamous gibbet.*

MY Jesus!, loaded with contempt, nail my heart to Thy feet, that it may ever remain there, to love Thee, and never quit Thee again. I love Thee more than myself. I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

Dear Jesus, Thou dost go to die  
For very love of me;  
Ah, let me bear Thee company,  
I to die with Thee.

**Twelfth Station**  
**Jesus Dies on the Cross**

V. We adore Thee, O Christ, and we praise Thee.

R. Because by Thy holy Cross Thou hast redeemed

*onere premebatur, et immisericorditer a militibus propellabatur, accidit ut pluries inter eundum humi procumberet.*

O mi Iesu, non est onus crucis, sed peccatorum meorum pondus, quod tantis te afficit doloribus. Rogo te, per primum hunc tuum lapsum, ut ab omni in peccatum me lapsu tuearis. Amo te, o Iesu, ex toto corde meo; paenitet me quod tibi displicui. Ne sinas me iterum in peccatum prolabi. Da mihi perpetuum amorem tui, et dein fac de me quidquid tibi placuerit.

Pater, Ave, Gloria.

Tu, caritatis victima,  
Petis, Redemptor, Golgotham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio IV**  
**Iesus fit perdolenti Matri obvius**

V. Adoramus te, Christe, et benedicimus tibi.

*soldiers struck Him rudely, and thus He fell several times in His journey.*

MY beloved Jesus, it is not the weight of the Cross, but my sins which hast made Thee suffer so much pain. By the merits of this first fall, deliver me from the misfortune of falling into mortal sin. I love Thee, Jesus, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

Dear Jesus, Thou dost go to die  
For very love of me;  
Ah, let me bear Thee company,  
I to die with Thee.

**Fourth Station**  
**Jesus Meets His Afflicted Mother**

V. We adore Thee, O Christ, and we praise Thee.

**R.** Quia per sanctam crucem  
tuam redemisti mundum.

*Considera qualis fuerit, in hac  
via, Filii et Matris occursus.  
Iesus et Maria se mutuo aspe-  
xerunt, mutuique eorum aspec-  
tus, fuerunt totidem sagittae,  
quibus amantia eorum pectora  
transverberabantur.*

AMANTISSIME Iesu, per  
acerbum dolorem, quem in  
hoc occurso expertus es,  
redde me, precor, sanctis-  
sima Matri tuae vere de-  
votum. Tu vero, perdolens  
mea Regina, intercede pro  
me, et obtine mihi talem  
cruciatum Filii tui memo-  
riam, ut mens mea in pia  
illorum contemplatione per-  
petuo detineatur. Amo te, o  
Iesu, mi Amor; paenitet me  
quod tibi displicui. Ne si-  
nas me iterum in te peccare.  
Da mihi perpetuum amorem  
tui, et dein fac de me quid-  
quid tibi placuerit.

Pater, Ave, Gloria.

**R.** Because by Thy holy  
Cross Thou hast redeemed  
the world.

*Consider the meeting of the  
Son and the Mother, which took  
place on this journey. Jesus and  
Mary looked at each other, and  
their looks became as so many  
arrows to wound those hearts  
which loved each other so ten-  
derly.*

MY most loving Jesus, by  
the sorrow that Thou didst  
experience in this meeting,  
grant me the grace of a truly  
devoted love for Thy most  
holy Mother. And thou,  
my Queen, who was over-  
whelmed with sorrow, ob-  
tain for me, by thy interces-  
sion, a continual and tender  
remembrance of the Passion  
of thy Son. I love Thee, Jesus  
my love; I repent of having  
offended Thee. Never per-  
mit me to offend Thee again.  
Grant that I may love Thee  
always, and then do with me  
what Thou wilt.

Our Father, Hail Mary, Glory  
Be.

tis meae inclinatione ad te  
solum convertar, qui meo ni-  
mis dignus es amore. Amo  
te ex toto corde meo; pae-  
nitet me quod tibi displicui;  
ne sinas me iterum tibi di-  
splicere. Da mihi perpetuum  
amorem tui, et dein fac de  
me quidquid tibi placuerit.

Pater, Ave, Gloria.

Tu, caritatis victima,  
Petis, Redemptor, Golgo-  
tham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio XI**  
**Iesus clavis affigitur cruci**

**V.** Adoramus te, Christe, et  
benedicimus tibi.

**R.** Quia per sanctam crucem  
tuam redemisti mundum.

*Considera quomodo Iesus in  
crucem coniciatur, et extensis  
brachiis, vitam suam in sacrifi-  
cium pro nostra salute aeterno  
Patri offerat. Carnifices cla-  
vis eum affigunt, dein erigunt*

Thee, Who art so worthy of  
my love. I love Thee, O Je-  
sus, with my whole heart.  
I repent of having offended  
Thee. Never permit me to of-  
fend Thee again. Grant that  
I may love Thee always, and  
then do with me what Thou  
wilt.

Our Father, Hail Mary, Glory  
Be.

Dear Jesus, Thou dost go to  
die  
For very love of me;  
Ah, let me bear Thee com-  
pany,  
I to die with Thee.

**Eleventh Station**  
**Jesus Is Nailed to the  
Cross**

**V.** We adore Thee, O Christ,  
and we praise Thee.

**R.** Because by Thy holy  
Cross Thou hast redeemed  
the world.

*Consider how Jesus, after being  
thrown on the Cross, extended  
His hands, and offered to His  
Eternal Father the sacrifice of  
His life for our salvation. These  
barbarians fastened him with*



Pater, Ave, Gloria.

Tu, caritatis victima,  
Petis, Redemptor, Golgo-  
tham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio X**  
**Iesus vestibus spoliatur**

**V.** Adoramus te, Christe, et  
benedicimus tibi.  
**R.** Quia per sanctam crucem  
tuam redemisti mundum.

*Considera quam violenter Iesus  
vestmentis suis spoliatur. Cum  
enim vestis interior arcte carni  
flagellis dilaniatae adhaereret,  
carnifices, avellendo vestem,  
cutem ei quoque avellunt. Su-  
beat te commiseratio Domini  
tui, eumque sic alloquere:*

INNOCENTISSIME Iesu,  
per meritum doloris quem  
inter hanc spoliationem pas-  
sus es, adiuva me, precor, ut  
omnem in res creatas affec-  
tum exuam, et tota volunta-

Our Father, Hail Mary, Glory  
Be.

Dear Jesus, Thou dost go to  
die  
For very love of me;  
Ah, let me bear Thee com-  
pany,  
I to die with Thee.

**Tenth Station**  
**Jesus Is Stripped of His  
Garments**

**V.** We adore Thee, O Christ,  
and we praise Thee.  
**R.** Because by Thy holy  
Cross Thou hast redeemed  
the world.

*Consider the violence with  
which the executioners stripped  
Jesus. His inner garments ad-  
hered to His torn flesh, and they  
dragged them off so roughly  
that the skin came with them.  
Compassionate your Savior  
thus cruelly treated, and say  
to Him:*

MY innocent Jesus, by the  
merits of the torments Thou  
hast felt, help me to strip  
myself of all affection to  
things of earth, in order that  
I may place all my love in

Tu, caritatis victima,  
Petis, Redemptor, Golgo-  
tham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio V**  
**Iesus in baiulanda cruce a  
Cyrenaeo adiuvatur**

**V.** Adoramus te, Christe, et  
benedicimus tibi.  
**R.** Quia per sanctam crucem  
tuam redemisti mundum.

*Considera quomodo Iudaei, vi-  
dentes Iesum ad quemlibet pas-  
sum animam propemodum prae  
lassitudine efflantem, et timen-  
tes ex altera parte ne, quem cru-  
cis supplicio affectum volebant,  
in via moreretur, compellant  
Simonem Cyrenaeum ad baiu-  
landam crucem post Dominum.*

O dulcissime Iesu, nolo sicut  
Cyrenaeus, repudiare cru-  
cem, libenter eam amplector  
in meque recipio, amplector  
speciatim quam mihi praefi-  
niisti mortem cum omnibus,  
quos haec secum adductura

Dear Jesus, Thou dost go to  
die  
For very love of me;  
Ah, let me bear Thee com-  
pany,  
I to die with Thee.

**Fifth Station**  
**Simon of Cyrene Helps  
Jesus Carry His Cross**

**V.** We adore Thee, O Christ,  
and we praise Thee.  
**R.** Because by Thy holy  
Cross Thou hast redeemed  
the world.

*Consider how the Jews, seeing  
that at each step, Jesus, from  
weakness, was on the point of  
expiring, and fearing that He  
would die on the way, when  
they wished Him to die the  
shameful death of the Cross,  
constrained Simon the Cyre-  
nian to carry the Cross behind  
our Lord.*

MY most beloved Jesus, I  
will not refuse the Cross as  
the Cyrenian did; I accept  
it - I embrace it. I accept in  
particular the death Thou  
hast destined for me, with  
all the pains which may ac-

est, doloribus. Coniungo eam cum morte tua, sicque coniunctam eam in sacrificium tibi offero. Tu amore mei mortuus es; volo ego quoque mori amore tui, ea mente ut rem tibi gratam faciam. Tu vero adiuva me tua gratia. Amo te, o Iesu, mi Amor, paenitet me quod tibi displicui. Ne sinas me iterum tibi displicere. Da mihi perpetuum amorem tui, et dein fac de me quidquid tibi placuerit.

Pater, Ave, Gloria.

Tu, caritatis victima,  
Petis, Redemptor, Golgotham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio VI**  
**Iesus Veronicæ sudario**  
**abstergitur**

**V.** Adoramus te, Christe, et benedicimus tibi.  
**R.** Quia per sanctam crucem tuam redemisti mundum.

company it; I unite it to Thy death - I offer it to Thee. Thou hast died for love of me. I will die for love of Thee, and to please Thee. Help me by Thy grace. I love Thee Jesus my love; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

Dear Jesus, Thou dost go to die  
For very love of me;  
Ah, let me bear Thee company,  
I to die with Thee.

**Sixth Station**  
**Veronica Wipes the Face**  
**of Jesus**

**V.** We adore Thee, O Christ, and we praise Thee.  
**R.** Because by Thy holy Cross Thou hast redeemed the world.

**V.** Adoramus te, Christe, et benedicimus tibi.  
**R.** Quia per sanctam crucem tuam redemisti mundum.

*Considera tertium Iesu Christi sub cruce lapsum. Procumbit quia nimia erat eius debilitas, et nimia saevitia carnificum, qui volebant ut gressum acceleraret, dum vix unum gradum facere posset.*

O inclementer habite Iesu, per meritum illius virium defectionis, qua in via ad Calvarium laborare voluisti, tanto, precor, me vigore confortata, ut nullum amplius ad humana iudicia respectum habeam, ac vitiosam meam naturam edomem: quod utrumque in causa fuit cur tuam olim amicitiam contempserim. Amo te, o Iesu, mi Amor, ex toto corde meo; paenitet me quod tibi displicui: ne sinas me iterum tibi displicere. Da mihi perpetuum amorem tui, et dein fac de me quidquid tibi placuerit.

**V.** We adore Thee, O Christ, and we praise Thee.  
**R.** Because by Thy holy Cross Thou hast redeemed the world.

*Consider the third fall of Jesus Christ. His weakness was extreme, and the cruelty of His executioners excessive, who tried to hasten His steps when he had scarcely strength to move.*

AH, my outraged Jesus, by the merits of the weakness Thou didst suffer in going to Calvary, give me strength sufficient to conquer all human respect, and all my wicked passions, which have led me to despise Thy friendship. I love Thee, Jesus my love, with my whole heart. I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

*tem conversus: "Nolite, inquit, flere super me, sed super vos ipsas flete et super filios vestros."*

O perdolens Iesu, defleo mea in te peccata ob poenas quidem quibus me dignum reddiderunt, sed maxime ob molestiam quam tibi intulerunt, tibi qui me tantopere amasti. Ad fletum minus infernus quam amor tui me excitat. O mi Iesu, amo te magis quam meipsum; paenitet me quod tibi displicui; ne sinas me iterum tibi displicere. Da mihi perpetuum amorem tui, et dein fac de me quidquid tibi placuerit.

Pater, Ave, Gloria.

Tu, caritatis victima,  
Petis, Redemptor, Golgotham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio IX**  
**Iesus procumbit tertium**  
**sub onere crucis**

*for your children."*

MY Jesus, laden with sorrows, I weep for the offenses I have committed against Thee, because of the pains they have deserved, and still more because of the displeasure they have caused Thee, Who hast loved me so much. It is Thy love more than the fear of hell, which causes me to weep for my sins. My Jesus, I love Thee more than myself. I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

Dear Jesus, Thou dost go to die  
For very love of me;  
Ah, let me bear Thee company,  
I to die with Thee.

**Ninth Station**  
**Jesus Falls the Third Time**

*Considera quomodo sancta illa femina Veronica, videns Iesum doloribus confectum eiusque vultum sudore ac sanguine madidum, porrigat ei linteolum in quo ipse, abstersa facie, sacram sui imaginem impressam relinquit.*

O mi Iesu, formosa erat antea facies tua; verum hac in via non amplius formosa apparet, sed est vulneribus et cruore omnino deformis. Hei mihi! quam formosa quoque erat anima mea, cum gratiam tuam per baptismum recepisset: peccando eam postea deformem reddidi. Tu solus, mi Redemptor, pristinam venustatem ei restituere vales; quod ut facias, per tuae Passionis meritum te precor. Amo te Iesu, mi Amor; paenitet me quod tibi displicui; ne sinas me iterum tibi displicere. Da mihi perpetuum amorem tui, et dein fac de me quidquid tibi placuerit.

Pater, Ave, Gloria.

*Consider how the holy woman named Veronica, seeing Jesus so afflicted, and His face bathed in sweat and blood, presented Him with a towel, with which He wiped His adorable face, leaving on it the impression of His holy countenance.*

MY most beloved Jesus, Thy face was beautiful before, but in this journey it hast lost all its beauty, and wounds and blood have disfigured it. Alas! my soul also was once beautiful, when it received Thy grace in Baptism; but I have disfigured it since by my sins. Thou alone, my Redeemer, can restore it to its former beauty. Do this by Thy Passion. I love Thee Jesus my love; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always, and then do with me what Thou wilt.

Our Father, Hail Mary, Glory Be.

Tu, caritatis victima,  
Petis, Redemptor, Golgo-  
tham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio VII**  
**Iesus procumbit iterum**  
**sub onere crucis**

**V.** Adoramus te, Christe, et  
benedicimus tibi.  
**R.** Quia per sanctam crucem  
tuam redemisti mundum.

*Considera alterum Iesu Chri-  
sti sub cruce lapsum, quo lapsu  
perdolenti Domino omnes vene-  
randi capitis et totius corporis  
plagae recrudescunt, omnesque  
cruciatu renovantur.*

**MANSUETISSIME** Iesu,  
quam frequenter concessi-  
sti mihi veniam! Ego vero  
in eadem relapsus sum pec-  
cata, measque in te offensas  
renovavi. Per meritum novi  
huius tui lapsus adiuvam me,  
ut in gratia tua usque ad obi-  
tum perseverem. Fac ut in  
omnibus, quae me invasurae  
sunt, tentationibus me tibi  
semper commendem. Amo

Dear Jesus, Thou dost go to  
die  
For very love of me;  
Ah, let me bear Thee com-  
pany,  
I to die with Thee.

**Seventh Station**  
**Jesus Falls the Second**  
**Time**

**V.** We adore Thee, O Christ,  
and we praise Thee.  
**R.** Because by Thy holy  
Cross Thou hast redeemed  
the world.

*Consider the second fall of Je-  
sus under the Cross - a fall  
which renews the pain of all the  
wounds of the head and mem-  
bers of our afflicted Lord.*

**MY** most gentle Jesus, how  
many times Thou hast par-  
doned me, and how many  
times have I fallen again,  
and begun again to offend  
Thee! Oh! By the merits of  
this new fall, give me the  
necessary helps to persevere  
in Thy grace until death.  
Grant that in all temptations  
which assail me, I may al-  
ways commend myself to

te ex toto corde meo, o Iesu,  
mi Amor; paenitet me quod  
tibi displicui: ne sinas me ite-  
rum tibi displicere. Da mihi  
perpetuum amorem tui, et  
dein fac me quidquid tibi  
placuerit.

Pater, Ave, Gloria.

Tu, caritatis victima,  
Petis, Redemptor, Golgo-  
tham;  
Tuis inhaerens gressibus,  
Tecum peropto commori.

**Statio VIII**  
**Iesus plorantes mulieres**  
**alloquitur**

**V.** Adoramus te, Christe, et  
benedicimus tibi.  
**R.** Quia per sanctam crucem  
tuam redemisti mundum.

*Considera quomodo mulieres,  
videntes Iesum lassitudine ex-  
animatum et cruore inter eun-  
dum diffluentem, commiseratione  
permovereantur, lacrimas-  
que profundant. Ad flentes au-*

Thee. I love Thee, Jesus my  
Love, with my whole heart;  
I repent of having offended  
Thee. Never permit me to of-  
fend Thee again. Grant that  
I may love Thee always, and  
then do with me what Thou  
wilt.

Our Father, Hail Mary, Glory  
Be.

Dear Jesus, Thou dost go to  
die  
For very love of me;  
Ah, let me bear Thee com-  
pany,  
I to die with Thee.

**Eighth Station**  
**Jesus Speaks to the**  
**Women of Jerusalem**

**V.** We adore Thee, O Christ,  
and we praise Thee.  
**R.** Because by Thy holy  
Cross Thou hast redeemed  
the world.

*Consider how those women  
wept with compassion at seeing  
Jesus in such a pitiable state,  
streaming with Blood, as He  
walked along. But Jesus said to  
them: "Weep not for Me, but*